

## **Annual Report 2008**

*Community Bicycle Center  
Biddeford, Maine*



*“Providing Opportunities for Youth to Grow”*

**P.O. Box 783  
Biddeford, Maine 04005  
(207) 282-9700  
[www.communitybike.net](http://www.communitybike.net)    Email: [cbcofme@ghi.net](mailto:cbcofme@ghi.net)**

## Letter from the Executive Director

### *Thank-you for your support of the Community Bicycle Center in 2008.*

The year began with the Maine Department of Transportation contracting us to facilitate bicycle safety education and encouragement programs. Our organizational capacity grew through the efforts of two AmeriCorps\*VISTA volunteers; two additional AmeriCorps volunteers helped to improve program quality and volunteer management. Working toward a goal of sustainability, we focused on improving the quality of our youth development work, added to the diversity of our program activities, established our first special fundraising event, and worked with other community leaders to explore forming a non-profit, youth development collaborative center.

The CBC was able to expand its mission, through contributions of funds and time from corporate and charitable foundations, individual donors, and many dedicated volunteers. In addition, we were the beneficiaries of several community fundraising efforts. Thank-you to the individuals and businesses that made our first *Wheel Appeal* benefit concert a success. Our *After/Out of School Drop-in* program grew to serve over 261 kids who reconditioned bicycles, participated in bicycle riding adventures, and engaged in community service projects.

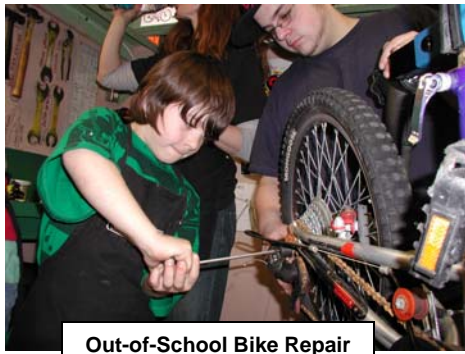
In 2008, our 30-member *Charity Cycling Team* raised \$22,723 and cycled in the *Trek Across Maine* as a fundraising effort for the American Lung Association. In the nine years we have participated in the Trek, the team has raised over \$114,903 for ALA-ME lung health initiatives. Three youth completed our *Bike Monkeys* bicycle repair-training program and 10 youth used the CBC as a mandated, community service site. Children and youth repaired and earned over 178 bicycles; 231 bike helmets were given away. In May, we piloted the first *Bike & Walk to School Day* with Biddeford Middle School students. With support of the Horizon Foundation and the Coastal Healthy Communities Coalition, we began planning for a weekly *Bike to School* program for BMS and Biddeford Intermediate Schools students.

The year ended with the CBC in a strong position to continue serving the out-of-school youth development needs of children from Biddeford and surrounding communities. We owe our success to the support of our board members, financial contributors, ongoing and special event volunteers, the youth we serve, and you. Stop by anytime to experience the CBC and connect with kids. The CBC thanks you for your part in our effort to help youth grow in healthy ways through bicycle-based activities.

Sincerely,  
*Andy Greif*  
Executive Director



**Trek Across Maine Team**



**Out-of-School Bike Repair**



**Community Service: Bike Giveaways**



**BMS Bike & Walk to School**



**Bike Monkeys Training**



**Creations: Ice Bikes**



**Bike Helmet Giveaways**



**Group Bike Rides**

## Major Highlights

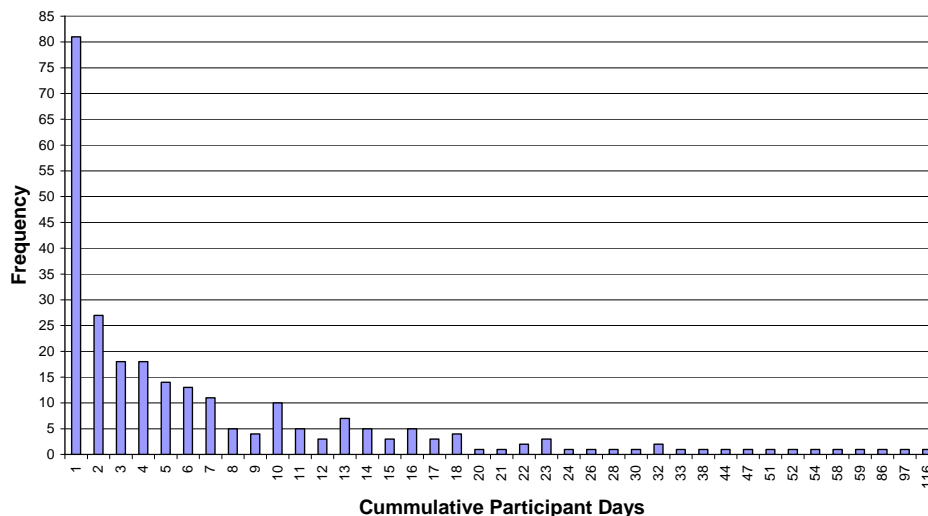
### Program Activities

**After/Out Of School Bike Repair:** The Community Bicycle Center's educational bike shop opened every weekday afternoon for youth and community members to use and learn bicycle repair and maintenance skills. Two hundred and sixty-one youth and a few adults worked on their own bikes, repaired and earned bikes, reconditioned bikes for our community outreach projects, and maintained our instructional bicycle fleet during 2224 participant days. Youth earned over 178 bikes in addition to repairing their own bikes and completing numerous bike safety inspections. Our general population became younger in 2008 with the median age of twelve.

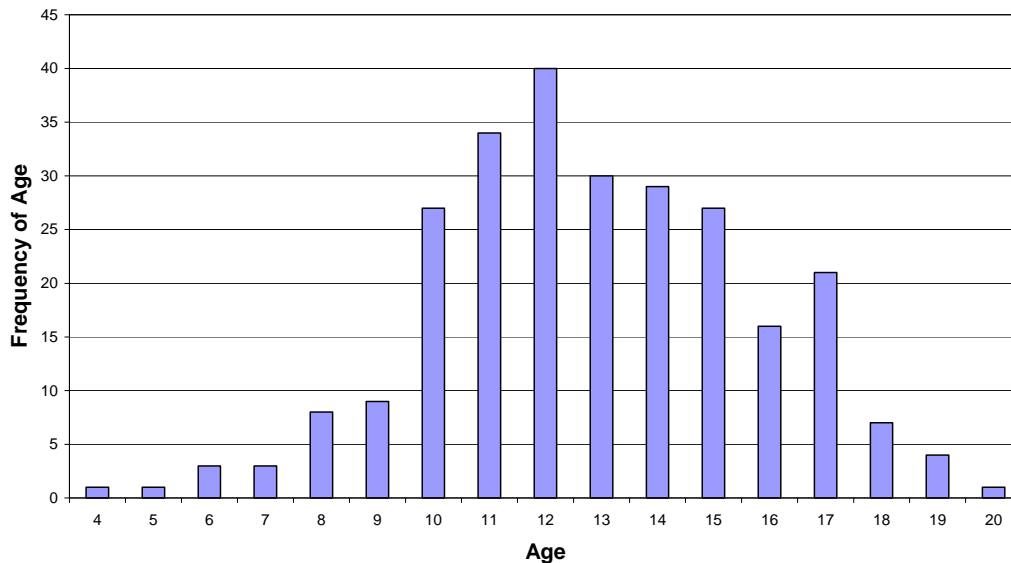
Youth learned life skills including shop etiquette, observational and problem solving skills, conflict resolution skills, goal persistence, and the meaning of community service. Participants experienced commitment, learned to advocate for themselves, and developed relationship and team building skills. In addition to drop-in bike shop use, summer programming included youth learning the rules-of-the-road and group cycling skills participating in mountain, road, and tandem cycling adventures throughout Biddeford and surrounding communities. Ten youth with mandated community service earned their hours volunteering in the CBC shop and assisting during bike rides.

We were awarded the opportunity to hire a 1700-hour, full-time AmeriCorps volunteer to address volunteer and program management needs. Additional staffing support came from the Saco Career Center assigning an older teenager to work in the CBC shop as an assistant. Through these staff and volunteers we worked to improve the life skills development outcomes of the youth we serve. In 2009 we will focus on improving the quality of our programs through action steps based on the examination of internal and external High Scope Youth Program Quality Assessments and outcome feedback from the youth we serve and their parents.

**Frequency of Cummulative Participant Days**  
*Community Bicycle Center*  
1/1/08 - 12/31/08



**Frequency of Age**  
Community Bicycle Center  
1/1/08 - 12/31/08



**Charity Cycling Team:** Our youth/adult *Charity Cycling Team* trained, fundraised, and cycled the 180-mile, three-day Trek Across Maine for the American Lung Association of Maine. Our team raised \$22,723 in support of the ALA-ME lung healthy initiatives. Thirty team members completed the Trek; nine were youth who learned healthy living habits, group cycling skills, bike maintenance, and fundraising as a tool to benefit a community organization. Mutually meaningful youth/adult relationships were developed through the camaraderie of our diverse team. In 2009, our team will complete its tenth season of cycling in the Trek Across Maine and will have raised over \$140,000 in cumulative fundraising for the American Lung Association of Maine during those ten years.

**Bike Monkeys:** Three youth completed our curriculum-based, bicycle repair-training program, mentored by six dedicated volunteers. During their commitment to the program, each young person learned bicycle repair skills, shop maintenance and safety habits, and community service concepts.

**Bicycle Recycling Transportation Project:** Through the BRTP, donated bicycles were reconditioned and leased to individuals in need of inexpensive bicycle transportation. Our target customers were seasonal, foreign exchange visitors who served the coastal southern Maine hospitality industry. This program became dormant in 2008 due to lack of staff capacity, limited proximity to foreign exchange workers, and insufficient operational space to effectively facilitate this project. Although the program was dormant, 30 bikes were donated to the Council for Educational Travel USA (CETUSA) for workers in the greater Old Orchard Beach area; 15 bikes went to a group that supports foreign exchange workers serving York, Maine.

**Bike Helmet Giveaway Program:** As part of our contract with the Maine Department of Transportation, the Community Bicycle Center provided 231 free bike helmets to anyone in need of one, from its educational bike shop, the Northern York County Family YMCA, and several

local schools. Our bike helmet giveaway program will expand in 2009, through an award from the Horizon Foundation and the Coastal Healthy Communities Coalition to begin a *Bike to School* program for Biddeford Intermediate and Middle Schools students.

***Community Outreach Projects:*** During 2008, we partnered with several Biddeford Middle School teachers to plan and facilitate the first BMS *Bike & Walk to School Day*. Twenty-seven students, school staff, Biddeford High School Interact Club volunteers, and parents commuted to school by bike and another 65 walked. Through the support of Southern Maine Medical Center all BMS students and staff received water bottles and hydration education materials; Anthem BCBS donated 100 pedometers for the walkers. In addition, 36 bike helmets were given away and 23 bicycles were given safety inspections. In 2009 we will begin a once a week *Bike to School* program for Biddeford Intermediate and Middle Schools through the support of grants from the Horizon Foundation, the Coastal Healthy Communities Foundation, and our contract with the Maine Department of Transportation.

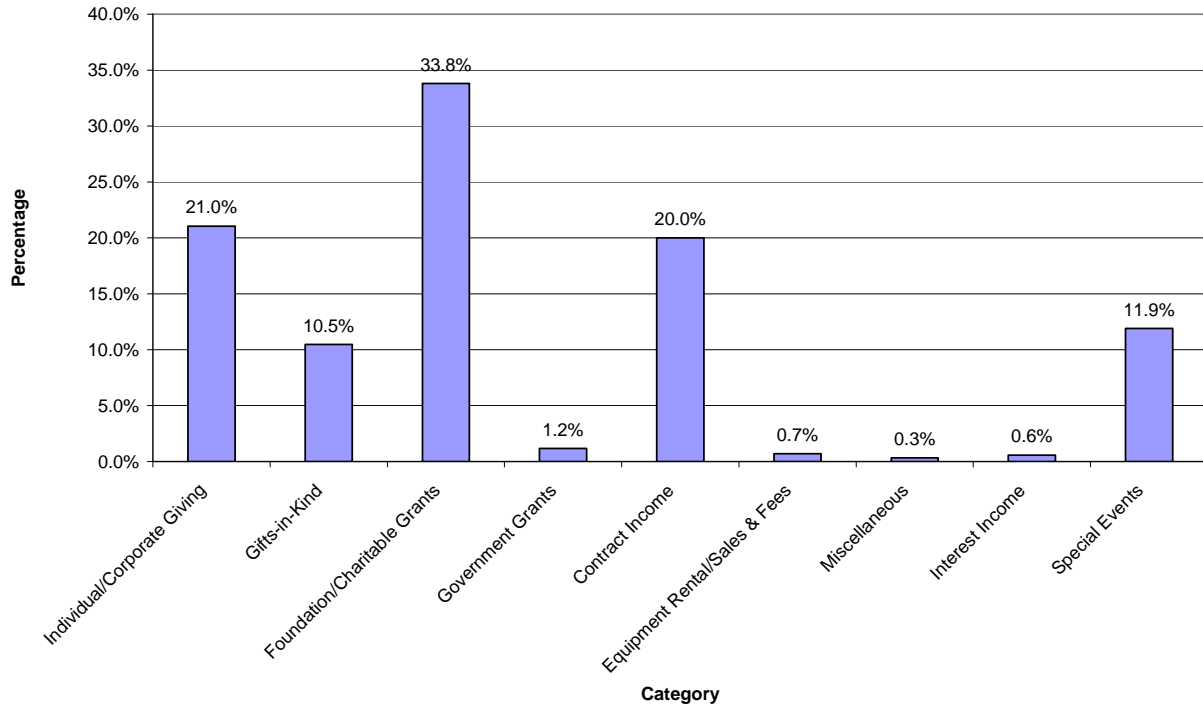
Toward the end of 2009, 15 Biddeford Animal Hospital employees, two CBC youth, and our staff worked to recondition 14 child bikes. These bikes along with helmets were given to children served by the Childcare Program of the Northern York County Family YMCA.

## **Financials**

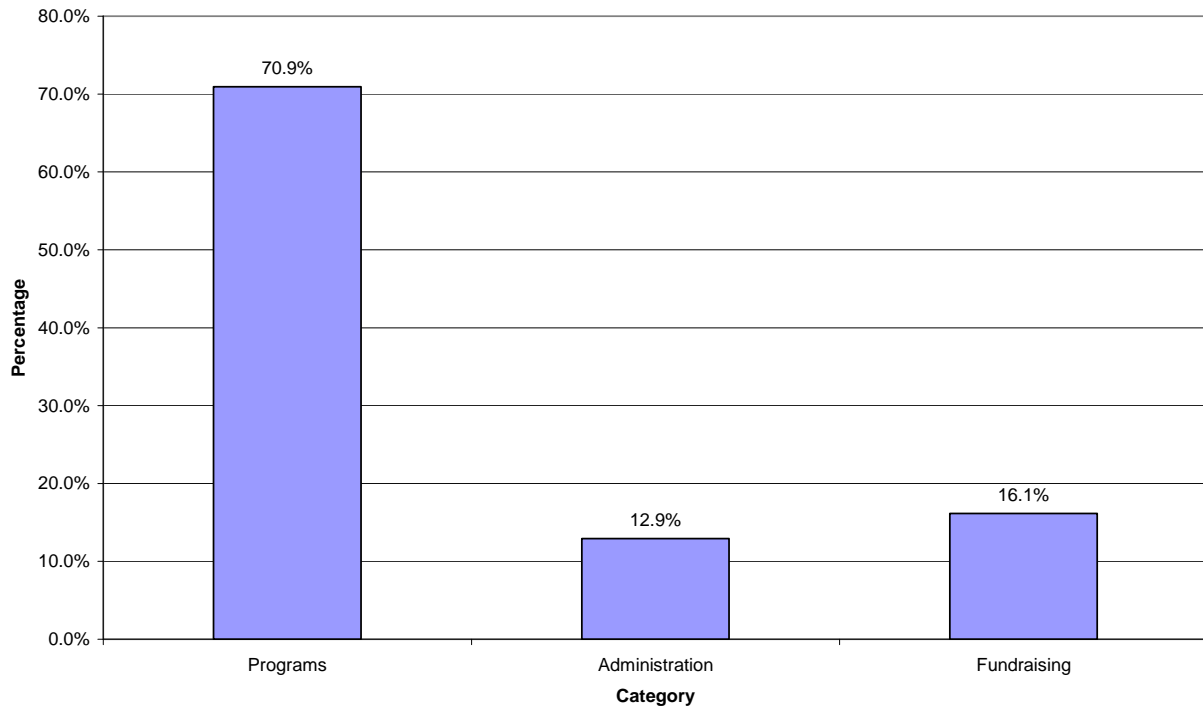
Comparison of 2008 financial statements with previous years is challenging, because of a change from a cash accounting system to an accrual-based system. The City of Biddeford continues to support the CBC by donating our operational space and utilities as reflected in “gifts-in-kind”. “Special events fundraising” refers to our first benefit concert – *Wheel Appeal 2008*. The Saco Bay Criterion Race Committee—a past benefactor—suspended their charitable giving in 2008. Contract income began on May 27<sup>th</sup> with the Maine Department of Transportation’s support of our bicycle safety education programs. This contract will continue through May 2010, with a possible follow-up contract for fiscal years 2010-11. Charitable/foundation grants remained relatively constant while individual/corporate giving lagged behind 2007. Our focus in 2009 and into the future, to continue our mission of providing opportunities for youth to grow, includes increasing the depth and breadth of our local donor base, special event fundraising, and exploring other revenue generating possibilities.

We increased personnel expenses through adding a full-time AmeriCorps volunteer to our staff, responsible for program and volunteer management. Fundraising expenses increased with the addition of production costs associated with the *Wheel Appeal 2008* benefit concert and the creation of our first annual print newsletter. The remainder of the programming, administrative, and fundraising expenses remained relatively flat as compared to 2007. The *Bike to School* program will increase program expenses in 2009.

**Revenue 2008**  
**Total \$127,970**



**Expenses 2008**  
**Total \$102,365**



## **Donors**

Thank you to the individuals, corporations, charitable foundations, fraternal organizations, and service clubs that continue to help the CBC grow into a sustainable organization to support the youth we serve. Thank you to the individuals and businesses that have generously donated goods and services to defray our expenses and develop our organizational systems.

### **Individual Contributors**

Daniel Adams  
Ann Allen  
Jo Anna Allen  
Anonymous (12)  
Suzanne & Ralph Austin  
Chris Bailey  
Michael Baker  
Jay Bartner  
Paul L. Beach  
Jim Beaudry  
Chris Behan  
Francine Bergeron  
Delores Billings  
Lori Boucouvalas  
Kelly Boynton  
Louise Brooke  
John Brooking  
Sally Burke  
Michelle Camire  
Beth Carlson  
Kristin Carlson  
Anne & Greg Chabot  
Bruce Church  
Bob Collins  
Lynne & John Cox  
Betsy Cromley  
Thomas & Denise Davis  
Philip & Marsha Denison  
Jake Desrochers  
Donna & Michael Dion  
Doug Dolan  
Peter Dollard  
Marguerite Dow  
Chris & Danielle Ebbrecht  
Josh Fearon  
Deborah Gelardi  
Don Gnecco

Monica & Bill Grabin  
Andy & Justine Greif  
David Greif  
Irvin & Nanette Greif  
Jim Hale  
Peter Hanson  
Becky Harkema  
Doug Hooper  
Cary & Joe Huggins  
Linda Janson  
David & Diane Jenkins  
A. William Kany  
Montress Kenniston  
Ken Koehler  
Daniel & Patricia LaChance  
Rick & Tina LaChance  
Trisha & Lloyd LaFountain  
Diane & Michael Lambert  
Richard Lansburgh  
Tory & Doug Leuteman  
Robinson  
Dennis & Cheryl Lavasseur  
Annie Levine  
John Daniel Lichtman  
John Lichtman Family  
Larry & Chris Littlefield  
Margie Lord  
John Lowery  
Heather MacLean  
Brent Peters  
Janna Mailman  
Elizabeth Marine  
Clint Marshall  
Carole McCarty  
Dean & Jeanne Meggison  
Jeff Miller  
Ron & Jean Mullenaux  
Roy Nelles  
Mary Jo Noone

Christopher Northrop  
Kenneth & Anne O'Brien  
Murphy  
Anne Osher  
Jessica Peck  
Carl & Barbara Pendleton  
Elizabeth Peterson  
Sue Pettingill  
Gray Phillips  
Belinda Pillow  
Ken & Ann Putney  
Louise Reid  
Bob & Elissa Rioux  
Norman Ritter  
Kevin P. Robert  
Michael Roussin  
Michele Ruck  
Craig Saddlemire  
Joe Shumaker  
Leigh Smith  
Todd Smith  
Janet Sparkowich  
James Street  
Nancy Sullivan  
Mark Sutton  
Olga Tarcy  
Brian Tawney  
Ann Thompson  
Susan & Scott Tompkins  
Roman Totos  
Joanne Vanasse  
Maggie Warren  
Amy Wentworth  
Leah Wentworth  
Bart & Tricia Weyand  
Mark & Stacy Wheeler  
Joe & Delpha Yuhas

### **Corporate Contributors/Grantors**

Aetna  
Bangor Savings Bank  
Bebe's Burrito  
Biddeford Redemption Center  
Biddeford Savings Bank  
Biddeford Savings Bank – Bernice Wood  
Bruce's Auto Services  
Carl Goodwin, Inc.  
Central Furniture and Appliance, Inc.  
Clark Associates Insurance  
Cole Harrison Agency  
Dennett-Craig & Pate  
Don Guay's Service Center  
Family Acupuncture Center  
Hannaford Store #225  
Kennebunk Savings Bank  
Maine Energy Recovery Company  
Make a Difference  
McAllister Machine Inc.  
Moulison North Corporation  
Music on Main Street Sponsors  
Neverdun Farm  
North 40 Creative  
Peoples Choice Credit Union  
Prime Motor Group  
Robinson PR  
Saco & Biddeford Savings Institution  
Simensky & Engstrum CPA  
Simpson's Deals  
The Studio  
The Tile Shop  
Unum  
Violence No More

### **Charitable Foundations & Non-Profits**

American Lung Association of Maine  
Alfred Osher & Dorothy Suzi Osher Foundation  
Leonard C. and Mildred F. Ferguson Foundation  
Horizon Foundation Inc.

Lodestar Foundation  
Sam L. Cohen Foundation  
United Way of York County

### **Governmental & Educational**

City of Biddeford  
Coastal Healthy Communities Coalition – UNE  
Dunne Advisory Group – Biddeford Middle School  
Maine Department of Transportation

### **Service Clubs & Fraternal Organizations**

Biddeford-Saco Rotary Club  
Kennebunk Rotary Club  
Saco Bay Rotary Club

### **In-Kind Goods/Services**

ATA Martial Arts Biddeford  
AV Technik, LLC  
Biddeford City Theater  
Brady Screenprint & Embroidery  
City of Biddeford  
Coastal Coffee News  
Delorme  
Heart of Biddeford  
Journal Tribune  
Great Works Internet  
MacArthur Library  
Karsten Moran  
PC Solutions  
Pratt & Whitney  
Precision Screw Machine Products  
Robinson PR  
Sodexo – UNE  
Sun Chronicle  
UNE Nor'easter  
Wagner & Associates

## Volunteers

Volunteers are at the core of our mission. They are necessary for the development of consistent and caring relationships with the youth we serve. Thank you to our ongoing, special event, and organizational development volunteers. Our 2009 goal is to increase volunteer support by University of New England students, high school community service groups, and partnerships with local businesses and service clubs.

Ray Baxton	Jim Hamlin	Jeannie Meggison
Peggy Bean	Doug Hooper	Nelson Merrick
Marc Beauchemin	Cary Huggins	Scott Miller
Kerri Bichekas	Connor Huggins	Mike O'Toole
Biddeford Animal	Dylan Huggins	Nancy O'Toole
Hospital Employees	Joe Huggins	Bob Osthues
Sean Boissonneault	Kiernan Huggins	Michael Otte
Michael Bolduc	Diana Huot	Ryan Palardy
Morgan Burke	Beverly Johnston	Russell Persson
Kris Burleigh	Brigitte Kablitz	Brent Peters
A.J. Carbon	Kristen Koch	Reggie Petit
Erin Christensen	Ken Koehler	Sue Pettingill
Amy Cloutier	Matt Koehler	Peter Raymond
Bob Collins	Cameron LeBlanc	Steve Robbins
Gary Cote	Rebecca LaChance	Mark Robinson
Jake Desrochures	Josh LaChance	Wendy Robinson
Emily Doyon	Rick LaChance	Alicia Soliman
Nancy Drisko	Tina Lachance	Bambi Thompson
Jim Emerson	Nick Lancaster	Hilary Thompson
Ken Farley	Dan Lang	Conrad Tremblay
Josh Fearon	Ralph LaRiviere	Tom Verow
Kathleen Gagne	Dayna Larson-Hurst	Rachel Weyand
Kristine Gagne	Lauren Ledoux	Shane Wildes
Marshall Gagne	Andrew Lewis	Britton Wolfe
Andrew Ganter	Heather MacLean	Bernice Wood
Paul Gilardi	Sarah Marcotte	Chris Yankopoulos
Grant Gosselin	Johanna Marsters	Al Zullo
Michael Greeley	Kyle McAuliffe	And Others
Gabe Greenlaw	Tom McGovern	
Justine Greif	Dean Meggison	

## **Board of Directors**

### **Dean Meggison, President**

Adjunct Professor – University of New England  
164 Summer Street  
Kennebunk, ME 04043

### **Bob Collins, Vice President**

Quality Engineer – Floation Technologies  
1 Caly Hollow  
Kennebunk, ME 04043

### **Ken Koehler, Treasurer**

Financial Systems Consultant  
71 Bradbury Street #103  
Biddeford, ME 04005

### **Josh Fearon, Secretary**

Account Executive – Paquin & Carroll Insurance  
260 Main Street  
Biddeford, ME 04005

### **Andy Greif, Executive Director**

Licensed Clinical Professional Counselor  
21 Knight Farm Road  
Kennebunk, Maine 04043

### **Jake Desrochers**

Mortgage Banker - Residential Mortgage Services, Inc.  
78 High Street  
Saco, ME 04072

### **Becky Harkema**

Executive Director – Northern York County Family YMCA  
3 Pomerleau Street  
Biddeford, ME 04005

### **Doug Hooper**

Designated Broker - DHI Real Estate Consulting Services  
45 Western Ave, Suite 304  
Biddeford, ME 04005

### **Cary Huggins**

Parent  
9 Bayview Drive  
Westport Island, ME 04578

**Heather MacLean**

Artist  
205 River Road  
Biddeford, ME 04005

**Wendy Robinson**

IT Project Consultant  
128 Fortunes Rocks Road  
Biddeford, ME 04005

**Bernice Wood**

VP – Branch Manager / Saco Biddeford Savings Institution  
160 Shops Way  
Biddeford, ME 04005